

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	All about me and my family	Celebrations	I am unique	Looking after the world	My body and staying safe	Moving on up
	Who is special to us? ** ##	What is the same and different about us? **	What helps us stay healthy? ##	What can we do with money?	Who helps to keep us safe? **##	How can we look after each other and the world? **
	What makes a good friend? **	What is bullying? ** ##	What helps us to stay safe? ** ##	What jobs do people do? ##	What helps us grow and stay healthy? **	How do we recognise our feelings? ##
	How can we be a good friend? **	What are families like? ** ##	What keeps us safe? ** ##	What jobs would we like?	What makes a community? **	Why should we keep active and sleep well? Why should we eat well and look after our teeth?
	How do we treat each other with respect? ** ##	What strengths, skills and interests do we have?	How can we manage risk in different places? ** ##	How will we grow and change? **	How can our choices make a difference to others and the environment? ** ##	How can we manage our feelings? ##

The programme of study for PSHE education sets out learning opportunities for each key stage, in three core themes: Health and Wellbeing, Relationships and Living in the wider world. Some units may be taught out of sequence depending on cohort need, timetabling etc. Our federation have adopted a question-based model which in KS1 begins as 'what?' and 'who?' Building up to 'why' and 'how' in KS2. Teaching builds according to the age and needs of the pupils with developmentally appropriate objectives to respond to each key question.

Half termly overviews marked ** show where we are explicitly teaching the statutory elements of RSHE. At Primary level, this is Relationships and Health education only. Sex education is not taught at BFS.

Half termly overviews marked ## show explicit safeguarding links

The PSHE programme of study is enhanced by a range of opportunities throughout the school year including Global Goals work, the thrive approach and participation in local and national initiatives and events.

Health and Well-being

Relationships

Living in the wider world